

**Patient Information**

Referring Dr. \_\_\_\_\_ # \_\_\_\_\_

Primary Care Physician \_\_\_\_\_ # \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ M.I. \_\_\_\_\_

Email \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_ D.O.B. \_\_\_\_\_ Age \_\_\_\_\_

**PLEASE SUBMIT YOUR INSURANCE CARDS SO WE MAY COPY THEM FOR OUR FILE**

**PLEASE REMEMBER ALL INSURANCE CONTRACTS ARE BETWEEN YOU AND YOUR INSURANCE COMPANY. WE DO NOT RENDER SERVICES ON THE ASSUMPTION THAT CHARGES WILL BE PAID BY YOUR INSURANCE COMPANY. PAYMENTS OF ANY CHARGES ARE PRESUMED TO BE YOUR RESPONSIBILITY.**

**OFFICE POLICY ON PATIENT PAYMENT: PAYMENT IS DUE AT THE TIME SERVICE IS RENDERED. WE ACCEPT CASH, CHECK, VISA, MASTERCARD & AMERICAN EXPRESS. I HEREBY ASSIGN ALL MENTAL HEALTH BENEFITS, INCLUDING MAJOR MEDICAL BENEFITS TO WHICH I AM ENTITLED, AS WELL AS MEDICARE AND OTHER GOVERNMENT SPONSORED PROGRAMS, PRIVATE INSURANCE, AND ANY OTHER HEALTH PLAN TO LIFESPAN/NRS. THIS ASSIGNMENT WILL REMAIN IN EFFECT UNTIL REVOKED BY ME IN WRITING. A PHOTOCOPY OF THIS ASSIGNMENT IS TO BE CONSIDERED AS VALID AS THE ORIGINAL. I UNDERSTAND THAT I AM FINANCIALLY RESPONSIBLE FOR ALL CHARGES WHETHER PAID BY SAID INSURANCE. I HEREBY AUTHORIZE LIFESPAN/NRS TO RELEASE ALL INFORMATION NECESSARY TO SECURE PAYMENT.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

*Member, Neuroscience Division, Meridian Health System*

*Post-Doctoral Neuropsychology Residency Program. Accredited by The Academy of the American Board of Professional Neuropsychology*

**ALL CORRESPONDENCE TO:**

Neptune City Medical Arts Building  
2100 Route 33, Suite 9-10, Neptune, New Jersey 07753  
732-988-3441 | Fax 732-988-7123

**Lakewood Office:**

Parkway 70 Plaza  
1255 Route 70, Suite 25-S, Lakewood, New Jersey 08701  
732-961-9701

### **Out of Network Acknowledgement**

Pursuant to the Health Care Consumer Protection Act and in particular the "Out-of-Network Consumer Protection, Transparency, Cost Containment and Accountability Act", please be advised of the following:

You have elected to treat with a Provider in this office who is **not** a part of your health insurance plan. This is considered **Out-of-Network**. Out-of-Network benefits are a health insurance benefit enhancement for which you, as the insured, pay an additional premium. You have selected an out-of-network provider with full knowledge that the provider does not participate with your insurance plan.

Based upon your particular plan and benefits you may be held responsible for a deductible, co-insurance and/or co-pay that is higher than what an in-network provider will cost. Our standard Procedure Codes and our fees associated with them are set forth below.

90791 Consultation: \$380

96130 - 96138 Neuropsychological Examination: \$150 - \$300 per unit; Total \$2850

96130 - 96137 Psychological Examination: \$150 - \$300 per unit; Total \$1400

90834 Individual Therapy (45 min): \$200

Depending on your benefits, you may be responsible for the full cost as set forth above. Please contact your carrier should you have any questions regarding your financial responsibility.

I have read and understood the NRS/Lifespan policy for treating with a provider who is Out-of-Network.

Signature \_\_\_\_\_ Date \_\_\_\_\_

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**Insurance Information**

Primary Insurance \_\_\_\_\_ ID Number \_\_\_\_\_

Insurance Phone # \_\_\_\_\_

Insurance Claims Address \_\_\_\_\_

Subscriber (if different than patient) \_\_\_\_\_

Subscribers DOB and relation \_\_\_\_\_

Secondary Insurance \_\_\_\_\_ ID Number \_\_\_\_\_

Insurance Phone # \_\_\_\_\_

Insurance Claims Address \_\_\_\_\_

Subscriber (if different than patient) \_\_\_\_\_

Subscribers DOB and relation \_\_\_\_\_

Please submit your insurance card so we may copy them for our files. Please remember all insurance contracts are between you and your insurance company. We do not render services on the assumption that charges will be paid by your insurance company. Payments of any charges are presumed to be your responsibility. Office policy on patient payment: payment is due at the time service is rendered. We accept cash, check, visa, Mastercard & American Express.

I hereby assign all mental health benefits, including major medical benefits to which I am entitled, as well as Medicare and other government sponsored programs, private insurance, and any other health plan to NRS/LifeSpan. This assignment will remain in effect until revoked by me in writing. A photocopy of this assignment is to be considered as valid as the original. I understand I am financially responsible for all charges whether paid by said insurance. I hereby authorize NRS/LifeSpan to release all information necessary to secure payment.

Signature \_\_\_\_\_ Date \_\_\_\_\_

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## Informed Consent for Treatment

I \_\_\_\_\_ (name of patient), agree and consent to participate in behavioral health care services offered and provided by/at NRS/LS. I understand that I am consenting and agreeing only to those services that the above named provider is qualified to provide within: (1) the scope of the provider's license, certification, and training; (2) the scope of license, certification, and training of the behavioral health care providers directly supervising the services received by the patient. If the patient is under the age of eighteen or unable to consent to treatment, I attest that I have legal custody of this individual and am authorized to initiate and consent for treatment and/or legally authorized to initiate and consent to treatment on behalf of this individual.

Signature \_\_\_\_\_ Date \_\_\_\_\_

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### Appointment Policy

If you are assigned a weekly appointment with the doctor, biofeedback technician and/or cognitive therapist and should you cancel or no-show for any of these appointments twice during a one-month period, we reserve the right to remove you from this assigned time slot and re-assign it to someone else.

Should you not be able to attend your appointments due to illness or vacation, etc., please let the **FRONT DESK STAFF** know, (**not** your doctor) as soon as possible and we will hold this time slot for you as long as we can.

If we are not informed within a 24-48-hour period that you are canceling your scheduled appointment, you will personally be held responsible for this, not your insurance company. A missed appointment can possibly result in a charge due and payable prior to your next scheduled appointment. If you cannot reach us during regular working hours our answering service is available to take messages after hours and on weekends.

#### Cancellation and No-Show fees are as follows:

**Neuropsychological Examination** \$200.00  
*Unless 72 hours or more cancellation is received*

**Individual Therapy, Biofeedback and/or Cognitive Therapy** \$75.00  
*Unless 24 hours or more cancellation notice is received*

**No-Show** for Individual Therapy, Biofeedback and/or Cognitive Therapy \$100.00

**Check Return Fee** \$30.00  
*If check is returned to us more than once, future payments must be paid by cash, credit card or money order.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

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**Release Form**

**PATIENT NAME:** \_\_\_\_\_

I do hereby authorize NRS Lifespan to discuss my/my child's personal health information including furnishing full reports, medical records, diagnosis, treatment, prognosis, etc., to the following listed below...

For example, please list: Physician (s), Insurance Company, School, Attorney, Significant Other, Parents/Guardians.

If you choose not to release any personal health information, please write N/A and sign below.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Signature (if patient is under the age of 18, parent signature is required)

\_\_\_\_\_  
Date

I, the undersigned, understand that I have the right to revoke this authorization. I understand the revocation must be in writing and bear my signature. My revocation must be submitted to the above healthcare provider. I understand that if I do revoke this authorization, my revocation will not affect any prior actions taken in reliance on this authorization.

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### **Outpatient Mental Health Benefits**

Upon scheduling your appointment with NRS/LifeSpan we advise you to verify your health insurance for your outpatient mental health benefits. Many times these benefits are quite different from your medical benefits. The information received from your insurance carrier is not always accurate and is never a guarantee of payment.

If the doctor recommends any further treatment you will need to verify what procedures are covered with your insurance carrier, as well as find out what your copay or percentage responsibility will be. While we will bill your carrier for treatment, if you cannot afford your responsibility it will be your obligation to let us know so we can refer you to another facility or clinic.

Copays are due and payable upon each visit. They are not billed to you. Should at any time you have a copay balance that exceeds \$100.00 dollars and you are unable to keep up with you responsibility we reserve the right to cancel future appointments and to refer you to another facility or clinic that maybe more affordable for you.

We strongly recommend every patient to contact your carrier to obtain your outpatient mental health benefits, as ultimately you may be responsible for any balance.

I have read and understood the above information:

Signature \_\_\_\_\_ Date \_\_\_\_\_

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## Patient Record of Disclosures

In general, the HIPAA privacy rule gives individuals the right to request a restriction on uses and disclosures of their protected health information (*PHI*). The individual is also provided the right to request confidential communications or that a communication of *PHI* be made by alternative means, such as sending correspondence to the individual's office instead of the individual's home.

### I wish to be contacted in the following manner (check all that apply):

Home Telephone \_\_\_\_\_

OK to leave message with detailed information

Leave message with call-back number only

Written Communication

OK to mail to my home address

OK to mail to my work/office address

OK to fax to this number

Work Telephone \_\_\_\_\_

OK to leave message with detailed information

Leave message with call-back number only

Other \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

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Dear Parents or Guardian:

The initial process in the evaluation of your child will begin with the completion of the attached developmental questionnaire.

It is important to answer all of these items contained on the form. The form is detailed and lengthy, but the information requested will be a valuable and an integral part of the evaluation procedure.

Thank you for your assistance and cooperation.

The Staff at NRS | LifeSpan

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### **IDENTIFYING INFORMATION**

Child's Name: \_\_\_\_\_ Sex: \_\_\_\_\_ DOB: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Parent #1: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Highest Level of Education: \_\_\_\_\_ Occupation: \_\_\_\_\_

Parent #2: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Highest Level of Education: \_\_\_\_\_ Occupation: \_\_\_\_\_

Marital Status of Parents: \_\_\_\_\_

Custody Arrangement (if applicable): \_\_\_\_\_

### **REFERRAL INFORMATION**

Referred by: \_\_\_\_\_ Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Reason for Referral: \_\_\_\_\_

### **OTHERS LIVING IN THE HOME**

1. \_\_\_\_\_ Relationship \_\_\_\_\_ Age: \_\_\_\_\_

2. \_\_\_\_\_ Relationship \_\_\_\_\_ Age: \_\_\_\_\_

3. \_\_\_\_\_ Relationship \_\_\_\_\_ Age: \_\_\_\_\_

4. \_\_\_\_\_ Relationship \_\_\_\_\_ Age: \_\_\_\_\_

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- 5. \_\_\_\_\_ Relationship \_\_\_\_\_ Age: \_\_\_\_\_
- 6. \_\_\_\_\_ Relationship \_\_\_\_\_ Age: \_\_\_\_\_
- 7. \_\_\_\_\_ Relationship \_\_\_\_\_ Age: \_\_\_\_\_

Other immediate family not currently living in the home (siblings away at collage or living independently, etc.): \_\_\_\_\_

Primary language spoken at home: \_\_\_\_\_

### SCHOOL INFORMATION

Current School: \_\_\_\_\_

City: \_\_\_\_\_ County: \_\_\_\_\_ Grade Level: \_\_\_\_\_

Is this a new school? \_\_\_\_\_ If not, how long enrolled here? \_\_\_\_\_

Please describe any academic difficulties (reading, writing, spelling, math, comprehension, etc.)

\_\_\_\_\_  
\_\_\_\_\_

Please describe your child's grades and academic performance:

\_\_\_\_\_  
\_\_\_\_\_

Has child every been evaluated by a Child Study Team? \_\_\_\_\_

Is yes, why? \_\_\_\_\_

When? \_\_\_\_\_ Where? \_\_\_\_\_

Results? (Please bring/email copies of these evaluations prior to the consultation)

\_\_\_\_\_

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Does your child have a 504 plan, IEP, or Service Plan currently? If yes, please describe the reasons and services that are included. (Please bring copies or email them):

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Other than those described above, does your child receive any other services at school (psychical therapy, occupational therapy, speech therapy, small group instructions, gifted & talented programming)?:

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Please describe your child's social abilities including his/her interactions with others, reciprocal play skills, friendships, etc.:

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Please describe any comments that teachers have shared regarding your child (behaviors in the classroom, observations, checklist results, concerns about attention, behavior, social skills):

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What are your child's strengths (both in and outside of school)?:

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What activities does your child enjoy/participate in (both in and outside of school)?:

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### **PURPOSE OF EVALUATION**

Briefly describe the present problem for which you are seeking an evaluation.

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When did you first become concerned about your child's issue?

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What are you hoping to gain from consultation and/or evaluation?

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### **BEHAVIOR**

Please rate your child's behavior using the following scale:

0 = No problem

1 = Moderate problem

2 = Definite problem

3 = Extreme problem

\_\_\_ High activity level-very active, restless, fidgety, easily stimulated

\_\_\_ Impulsive, often loses control, calls out in class.

\_\_\_ Aggressive with parents, siblings and/or peers.

\_\_\_ parents

\_\_\_ siblings

\_\_\_ peers

\_\_\_ Has trouble concentrating, focusing and paying attention.

\_\_\_ Sluggish, complains of being tired

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- Sadness, cries easily, depressed
- Irregular mood swings.
- Anxiety, frequent worries
- Unusual fears or phobias (i.e., dogs, dark). If yes, specify: \_\_\_\_\_

- 
- Oppositional tendencies, including tantrums (verbal, physical, etc.)
  - Sleep difficulties (falling, staying in his/her own bed, nightmares)
  - Eating difficulties (picky eating, eating too much/too little)
  - Difficulty getting along with peers
  - Motor difficulties (coordination, gross, fine, etc.)
  - Does not adapt well to new things or situations

Did a significant event occur prior to the onset of any of these problems (divorce, illness/death of a family member, birth of sibling, change of residence/school, etc.):

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### **DEVELOPMENTAL HISTORY**

1. Any problems during prenatal period (early labor, bleeding, etc.)?  
\_\_\_\_\_
2. Please describe your child's delivery (including natural/C-section, APGAR scores, weight, height, birth complications):  
\_\_\_\_\_  
\_\_\_\_\_

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3. Any postnatal complications (NICU, special care, release home with mother, etc.)

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4. Please describe early developmental history including age of crawling, walking, talking, toilet training, etc.:

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5. Does your child currently have a medical/neurological/psychiatric diagnosis? Or is she/he being treated for any condition? (list all)

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6. Has your child ever been hospitalized or had surgery? (if yes, list when and describe):

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7. Has your child ever had a head injury/ concussion?

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8. Has your child ever had a seizure or any other neurological problems?

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9. Has your child ever been evaluated by Optometry, Ophthalmology, or Audiology?

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10. Please describe any other physical complaints your child has (stomachaches, headaches, hearing/vision/speech issues, dizziness, infections, asthma, heart murmur, vocal/motor tics):

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11. Does your child have any significant allergies, particularly any that our office should be aware of prior to his/her appointment?

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12. Does your child have any sensory issues (increased or decreased sensitivity to sounds, temperature, textures, clothing)?

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13. Past medications:

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14. Current Medications:

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15. Has your child ever seen a Neurologist? If yes, list when, describe why, and indicate the results. Please provide copies.

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16. Has your child ever seen a Psychologist or Counselor? If yes, list when and why.

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*Post-Doctoral Neuropsychology Residency Program. Accredited by The Academy of the American Board of Professional Neuropsychology*

**ALL CORRESPONDENCE TO:**

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732-988-3441 | Fax 732-988-7123

**Lakewood Office:**

Parkway 70 Plaza  
1255 Route 70, Suite 25-S, Lakewood, New Jersey 08701  
732-961-9701



17. Has your child ever seen a Psychiatrist? If yes, list when and why. Also indicate any medications that were prescribed.

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18. Has your child ever had any inpatient psychiatric hospitalization, partial care/residential treatment, or been in a crisis center? If yes, list when, why, and indicate outcome.

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19. Are you aware of any use of tobacco, vaping, alcohol, marijuana, or other substances by your child?

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20. Has your child ever been treated by a professional for substance abuse?

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21. Has your child ever made statements about hurting himself/herself, suicide, or hurting others? If yes, list when and describe.

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### **FAMILY MEDICAL HISTORY**

Has anyone in your child’s biological family (parents, grandparents, siblings, aunts, uncles, cousins) ever had ADHD, learning disabilities, intellectual disabilities, developmental delay, autism, seizures/epilepsy, or any other neurological conditions?

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Has anyone ever had depression, anxiety, obsessive-compulsive behavior, bipolar disorder, oppositional behavior, substance abuse, etc.?

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Any other additional comments or concerns you would like to share?

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